

Odyssey Planning Template

Dream Big, Start Small

A creative tool for imagining multiple versions of your future, based on *Designing Your Life* by Bill Burnett and Dave Evans

Welcome

You don't need to have it all figured out. You just need to start exploring.

This template invites you to sketch out three different five-year plans — each one meaningful, possible, and uniquely yours. This is not about choosing one 'right' path — it's about opening space to reflect, imagine, and move forward with curiosity.

Step 1: Imagine Three Distinct Life Paths

Each plan should:

- Be authentic – aligned with your values and interests
- Be different – no repeating plans
- Be bold – stretch your imagination!

Odyssey Plan 1: The Path You're On

Title: _____

In five years, I imagine...

- Work / Career:
- Personal growth:
- People / Relationships:
- Health / Well-being:

What excites me about this plan: _____

What worries/challenges me about this plan: _____

Odyssey Plan 2: The Road Not Taken

Title: _____

In five years, I imagine...

- Work / Career:
- Personal growth:
- People / Relationships:
- Health / Well-being:

What excites me about this plan: _____

What worries/challenges me about this plan: _____

Odyssey Plan 3: If Nothing Were Holding Me Back...

Title: _____

In five years, I imagine...

- Work / Career:
- Personal growth:
- People / Relationships:
- Health / Well-being:

What excites me about this plan: _____

What worries/challenges me about this plan: _____

Step 2: Reflect on What You Learned

Take a step back and notice the patterns.

Questions to consider:

- Which plan feels most alive or aligned?
- Are there elements that show up in all three?
- What surprised you?

Notes and reflections: _____

Step 3: Take One Tiny Step

You don't have to choose one path now. But you can take a small step to explore one.

What's one small action I could take this week? (e.g., a conversation, class, new routine, small project)

“You can design and live out your future before you have to commit to it.” – Bill Burnett & Dave Evans